

Photographic Memory

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Researchers Believe Photographic Memory Is Just A Myth Many so-called experts have debated for years about whether photographic memory actually exists, however, there is probably some confusion between this and eidetic memory. Some researchers believe this confusion is one of the reasons why people who remember small details for only a few minutes are recognized as having this ability. The test for eidetic memory was devised to test the concept of a photographic memory, in that a person is given 30 seconds to scan an image. The image is then removed and the person attempts to recreate the image in their mind and relate what they see. Very few individuals have been able to repeat the image in clear detail and after a few minutes could only offer a rough outline. Based on these types of test, these researchers are claiming that photographic memory is a myth.

Despite the conclusions drawn by these experts, there are numerous people who have demonstrated that photographic memory is very real and very possible. The basic theory is that people have enhanced memory capabilities enabling them to remember things longer than most, instead of actually taking a picture with their brain.

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Very often the idea of having photographic memory seems to be in children, who often remember something they have seen in great detail. However, as they get older it seems the pressures of society and modern living get in the way of the memory process, replacing memories, and older images with new memories. Because adults have so much disruption in their day-to-day lives they are unable to effectively store enough detail in their memory. There are numerous resources that can help individuals capitalize on their memory abilities and train themselves to have a virtual

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The people who say they have an eidetic memory, which is the ability to remember in great detail an image they have seen only once, is very rare indeed, whilst individuals who are believed to have a photographic memory can remember minute detailed information as if it was embedded in their heads or brain. Experts assume their expanded abilities allow them to imagine an image of the information they're trying to remember.

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