

Games To Improve Memory

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Games To Improve Memory Tips

Many people think we are born with a good memory, however, this is just not true. To have a good memory requires us to teach ourselves certain skills and techniques. The good news is, we can learn these techniques and skills by playing fun memory games. In order to be successful in these games we need to use our memories to win, therefore, our memory gets better the more we play. You can find lots of games to improve memory either on the Internet or at your local toy store. You can also improve with games to improve memory by using your imagination and making out and designing games yourself.

Do you remember the Simon memory game?

Do you remember, the Simon memory game, the one with different colored lights that lit up and the purpose of the game is to remember the sequence the light's went in? The more you played Simon the sequences got quicker. Simon was definitely one of the best memory games around in its day. Although, it is no longer available today there are a few games you can buy at a very similar. With the advances in technology there many computer software memory games that will improve your memory just like Simon did. Not only do they use a sequence of lights they also use sound and other techniques to help you develop your memory.

The memory game that uses cards:

There is a card game you may remember, where you place a number of cards face down. Then you turn the cards over two by two until you find a matching pairs of cards. With this game, the more you play, the more your memory improves. There are many many more fantastic games to improve memory available on the market, and all you have to do is choose one and watch your memory get better. Also if you have a computer why not try some memory software

Why not try making your own memory game by making some cards and adding pictures to them. Be careful to design them in pairs, so you can remember matching cards. Although, these are very simple to make, they are fantastic in helping you to improve your memory. These types of games are great for children and grown-ups alike to play with. Remember, just by playing these games to improve memory you would probably end up in one of the best memories around, and this should be a great incentive for you to either by all design one of these types of memory games.

There are many more memory game tips like those above in the Photographic Memory E-Book

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