

Memorization Techniques

Monday, 29 October 2007

Memorization techniques for forgetful people.

Do you find your self forever forgetting things, like important business appointments, names and important telephone numbers? More and more we seem to be becoming more dependent on equipment like computers and mobile phones to store things we need to remember, this seems to be having a negative effect on our ability to memorize and remember things. Fortunately there are memorization techniques that will help you remember many more things than you thought possible.

Applying these memory techniques will enable you to remember names, dates, appointments, and telephone numbers immediately. By using the memorization techniques in your life, you will learn how to keep information in your memory, without the need to constantly write it down. Some examples of these memorization techniques include, repeating the information over and over again, writing little stories and rhymes, and also visualization. The techniques shown here are only a few of the actual memory techniques available.

Using repetition:

When you want to remember a phone number you have just been given, what do you do? You probably do the same as most people, which is to repeat it over and over till you remember it. This technique, actually works very well with anything. For instance, when you first meet a person and you want to remember their name, all you have to do is repeat it over and over again until it becomes stamped into your memory. Therefore, the next time you have to remember something just repeat it in your head until you are certain you have remembered it.

Memory strategies, thinking in pictures:

Individuals who have photographic memories usually visualize pictures. For example, when trying to remember the number two, they might visualize twins, or to remember the number 12 they may think of a dozen eggs. So, using and visualizing pictures is a fantastic memorization technique that will work with most things you need to remember.

Memorization tips, create a story:

One of the best memorization techniques is to write a story to help you remember. For example, let's say you want to remember these memorization techniques, you might think of someone going to the pub for a pint. However, when he gets there the pub is closed. This is just a simple little story to help you remember these techniques. However, this memory technique is very effective in helping you remember important things like telephone numbers, names and birthdays etc.

There are many more memory tips like these in the Photographic Memory E-Book

Here's How To Secure Your Copy Immediately...

All you have to do to purchase your very own copy of this "E-Book" + Audio MP3 (man's voice) + Audio MP3 (woman's voice) is click on the button below to be taken to payment page.

It really is that easy to order.

The investment is \$37.25